

## ALL DONATIONS CAN BE DELIVERED TO:

Mary Isaak Center 900 Hopper St.  
Petaluma, CA, 94952

We ask that you please contact our Engagement Specialist at **(707) 765-6530** and select the option for “Volunteering and Donations” or email **development@cots.org** to discuss any item donations you may have prior to drop off.

**We CANNOT accept donations of used clothing or expired food.**

## Shelter and Recuperative Care Items

### Most Needed:

**New Twin Sheet Sets and New or Gently Used Blankets**

**Bath-Sized Towels and Washcloths**

**Travel-Sized Toiletries (shampoo, conditioner, body wash, toothpaste, toothbrushes, floss, etc)**

**Hairbrushes**

**Sunscreen**

**Lip Balm**

Unisex Sweatpants (all sizes)

Shower Shoes/ Slippers

Vital Signs Equipment

Disinfecting Wipes

New Nail Clippers (small and large)

Baby Diapers and Wipes (4 - 6 sizes)

Bed Pads

Belts

Bike Locks

Bike helmets (adults & kids)

Tire Repair Kits & Bike Pumps

Plastic Totes: 28.5"x20"x11"

Reading Glasses - All Strengths

New Men's and Women's Underwear (all sizes)

Other Toiletries (Shaving Razors, Deodorant, Q-Tips, Etc)

\*no bar soap, please\*

OTC Medications (ex., Tylenol, Ibuprofen, Etc)

## Food Items

### Breakfast

Cereal  
Oatmeal  
Pancake Batter  
Syrup  
Molasses

### Cooking

Olive Oil/Canola Oil/Spray Oils  
Corn Starch  
Breadcrumbs  
Brown Rice  
Broth & Stock (Chicken, Seafood, Veggie, Beef)  
Canned Goods: Fruit, Veggies, Diced Tomatoes, etc

### Drinks

Coconut Milk  
Tea/ Coffee/  
Non-alcoholic Beverages

### Sauces/Toppings

Mayonnaise, Ketchup, Mustard,  
Ground Mustard, Peanut Butter,  
Honey, Jam, Jelly  
Pickles  
Dressing: Ranch, Thousand Island,  
Italian, etc  
Sauces (Soy Sauce, Tartar Sauce,  
Worcestershire Sauce,  
Enchilada Sauce - red or green,  
Marinara Sauce, BBQ Sauce, Tomato  
Sauce, Tomato Paste  
Other Marinades  
Dried Spices

### Seasonings

Herbs Garlic, Ginger, Italian  
Seasoning, Parsley, Sage, Salt, Thyme,  
Cayenne, Cloves, Dill, Indian Spice,  
Paprika, Oregano, Pepper, Cumin,  
Rosemary  
Baking Spices  
Other Spices

**We also accept donations of food made in professional kitchens and homegrown fresh produce.**

## Gift Cards

Target  
Dollar Tree  
Grocery Outlet  
Food Maxx  
Lucky  
Chevron/ Other Gas Stations  
Local Petaluma Food Chains/ McDonald's

## Welcome Home Baskets

COTS is looking for welcome home baskets for clients moving into permanent housing. If you are interested in donating with a group or organizing a drive, this is a great way to give to our clients!

### Cleaning Supplies:

Windex  
All-purpose Spray Cleaner  
Toilet Cleaner/ Brush  
Disinfecting Wipes  
Broom and Dustpan  
Swiffer with Wet AND Dry Refills  
Hand Duster

### Kitchen Supplies:

Dish Towels, Pot Holders  
Mixing Bowls  
Dishwashing brush/sponges  
Dish Soap  
Cling wrap/ Foil  
Gallon / sandwich-sized ziplock bags  
Large garbage bags

### Toiletries:

Toilet paper / Paper towels  
Hand soap/ Laundry soap  
Dryer sheets

### Add-ons (not all participants need all of these):

Shower curtain and clips  
Plunger  
Dish drainer  
Bed sheets (twin, full and queen - twins needed most)

