

WELCOME HOME BASKETS

AND

STARTER FOOD KITS

Thank you for helping provide our families and individuals a Welcome Home Basket or Starter Food Kit!

Moving is stressful for *anyone*, but can be especially hard when you have been without a home for a while. Many of our participants moving into their new home don't have basic household supplies or food - and are limited on cash to purchase these items. These Welcome Home Baskets and Starter Food Kits can be a life-saver for these families and individuals as they get back on their feet. On the following two pages, you can review and print out recommended items to include in these baskets/kits.



We ask that you put all items in a plastic vertical laundry hamper, as seen above. Below are suggestions of items that our participants often need when they move into their new home.

• Cleaning Supplies:

- Windex
- All-purpose spray cleaner
- Toilet cleaner
- Disinfecting wipes
- 5 gallon bucket
- o Broom and dustpan
- Swiffer with wet AND dry refills
- Hand duster

• Kitchen Supplies:

- Dish towels
- Pot holders
- Mixing bowl
- Dishwashing brush/sponges
- Steel wool
- o Dish Soap
- Cling wrap
- o Foil
- Gallon and sandwich-sized ziplock bags
- Large garbage bags

• Gift Cards

• \$50-200 to stores such as Target, Walmart, Grocery Outlet, Food Maxx, Lucky, etc.

Toiletries:

- Roll of toilet paper
- Roll of paper towel
- Handsoap
- Laundry soap
- Dryer sheets

• Add-ons (not all participants need all of these):

- Shower curtain and clips
- Toilet brush
- Plunger
- Dish drainer
- Bed sheets (twin, full and queen twins needed most)



STARTER FOOD KIT

We ask that you put all non-perishable food items in a reusable container, such as a reusable grocery bag. Below are suggestions of food items that our participants often need to fill their kitchen pantry.

Canned/Jarred Goods

- Soup
- o Chili
- Beans
- Canned veggies
- Peanut Butter
- o Jam
- Pasta Sauce
- Ketchup
- Mayonnaise
- Soy sauce
- o Olive oil
- Canola oil

Quick Meals

- Cereal
- Instant Oatmeal
- o Muffin mix
- Pancake mix
- o Pasta
- Rice
- Boxed meals

Snacks

- Crackers
- Granola bars
- Chips
- Cookies

Dry Goods

- Flour
- Sugar
- Salt and Pepper
- Assorted spices

Beverages

- o Tea
- o Coffee